

Links and Resources: Preventative Care for Children

Preventative Health

Your Texas Health Benefits

<https://www.yourtexasbenefits.com/Learn/Home>

My Children's Medicaid

<https://www.mychildrensmedicaid.org/>

Chip Medicaid

<https://chipmedicaid.org/>

Texas Health Steps

<http://www.dshs.texas.gov/thsteps/default.shtm>

Periodicity Schedule

<http://www.dshs.texas.gov/thsteps/providers.shtm>

Immunizations

CDC Immunization Schedule

<https://www.cdc.gov/vaccines/schedules/easy-to-read/child.html>

Lab Work

Health and Safety at Home

Preventing Iron Deficiency Anemia for Preschool Children

https://www.esc20.net/page/ci_hs.Courses.AnemiaEN



Nutrition and Development

Planning Healthy Meals on a Budget

https://www.esc20.net/page/ci_hs.Courses.BudgetMealsEN

ChooseMyPlate.gov

<https://www.choosemyplate.gov/health-and-nutrition-information>

Choose My Plate – Unsaturated Fats

<https://www.choosemyplate.gov/saturated-unsaturated-and-trans-fats>

A Dental Home

American Academy of Pediatric Dentistry

<http://www.mychildrensteeth.org/>