

Resources and Additional Information

Slide: *Are Food Allergies Serious?*

Food Allergies: What You Need to Know

<https://www.fda.gov/downloads/Food/ResourcesForYou/Consumers/UCM220117.pdf>

Slide: *Anaphylaxis Emergency Care Plans*

<http://www.foodallergy.org/faap>

Slide: *Prevention*

<http://www.kidswithfoodallergies.org/media/Potential-Food-Allergens-in-Preschool-Daycare-Activities-Crafts.pdf>

Slide: *Reading Food Labels*

<http://www.foodallergy.org/file/tips-avoid-allergen.pdf>

Slide: *Managing Food Allergies at Home*

<http://www.foodallergy.org/file/child-reaction.pdf>

Slide: *What About Gluten?*

<https://celiac.org/celiac-disease/understanding-celiac-disease-2/what-is-celiac-disease/>

Additional Information

Treating an Allergic Reaction

<https://www.foodallergy.org/treating-an-allergic-reaction/epinephrine>

Diagnosis and Testing

<http://www.foodallergy.org/diagnosis-and-testing>

Reading Food Labels

<http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/Allergens/ucm106890.htm>

Centers for Disease Control and Prevention: Food Allergies in Schools Toolkit

<https://www.cdc.gov/healthyschools/foodallergies/toolkit.htm>

Texas Department of State Health Services – School Health Program: Food Allergies

<http://www.dshs.texas.gov/schoolhealth/Food-Allergies.aspx>

FARE: Food Allergy Research and Education

<http://www.foodallergy.org/>

Food Intolerances

<http://www.kidswithfoodallergies.org/page/food-intolerances.aspx>

Lactose Intolerance

<https://www.niddk.nih.gov/health-information/digestive-diseases/lactose-intolerance>